

# plusone

MENTORING

**Do you work with young people aged 8-14 years who might benefit from having a volunteer mentor?**

The Plusone mentoring project seeks to engage with young people with two or more of the following risk factors:

- a) Disruption or disengagement at school
- b) Offending, aggressive or anti-social behaviour
- c) Conflict in the home/family
- d) Substance misuse by young person

***The Plusone evaluation showed that 86% of young people's behaviour and attitude improved at the 6 month stage.***

(Dundee University, 2011)

If you are interested in referring a young person please contact:

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**www.plusone.uk.com**

YMCA Scotland  
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