CONTENTS

Contents .......................................................... 2
Executive Summary ............................................. 3
Chairman's Report ............................................. 3
Centre Manager's Report ................................. 5
Youth Work Report ........................................... 7
Plusone Mentoring Programme ....................... 10
Childcare Report ............................................. 12
Our Team ....................................................... 15
Funders .......................................................... 16
Extract From Accounts ................................. 17
EXECUTIVE SUMMARY

a. The Y has continued to expand its service provision to include mentoring services for young people, as well as enhanced provision of youth work, child care and community facilities.

b. We have secured funding to take forward the development of the sports courts facilities, greatly enhancing the provision of sporting facilities in Penicuik.

c. The Y has expanded its community outreach, attracting a wider range of organisations using the premises and through enhanced communications, engaging with the local community.

d. We have continued to work with Penicuik and district churches and partners and contributed to the wider YMCA movement.

CHAIRMAN’S REPORT

“Wild at the Y” was our strapline for 2014 both literally and metaphorically! This was the year when things really took off in a big way. It has been a landmark year. Not only have we become more attuned to the community’s needs, but we have also been able to take forward a number of cherished goals, which will bring great benefits to people living in and around Penicuik.

First and foremost, none of the achievements over the past year would have been possible without the tireless dedication and work of our staff, Board and volunteers. They have shown real commitment to go above and beyond the call of duty. Secondly, the finances that we have secured over the past year from a variety of organisations, charitable trusts and Midlothian Council, have made a huge contribution to the on-going work and have helped bring major projects to fruition. All of this required a staff reorganisation, the most significant change being the appointment of Claire Gillies as our Centre Manager.

Last year the Board took the decision to embark on the Plusone Mentoring scheme for at-risk 8 to 14 year olds. It was not a decision that we took lightly as we knew that it would require a considerable effort and the recruitment and training of a Plusone Programme Manager. However, we have been delighted with the results and our Plusone Manager, Natasha McInninie, has been a real asset to both the organisation and the Board. She has very skillfully developed the first cohort of volunteers, drawn from throughout Midlothian and matched them with referred young people.

Our Youth Development Worker, Morag McDonald, has continued to drive the youth work programme with her enthusiasm and zeal. She has won plaudits throughout Midlothian for her excellent work with young people, most notably working with young people at Beeslack High School. Her Grow Wild project at The Y has helped transform waste land into an attractive meadow, with support from young people and community volunteers.
It has been a long cherished ambition that The Y could re-develop the old sports courts adjacent to the building. These former sports courts had fallen into disuse and were no longer safe. However, thanks to funding from Sportscotland, the MOD Community Compact, Councillor Montgomery’s Environmental funds and Midlothian Council, we have been able to commission their redevelopment, with the expectation that they will be fully open for public use in early 2015. This will provide the community with specialist, flood-lit facilities for ball-skills coaching and matches, such as hockey, tennis and football training.

Our highly rated Out-of-School care services, managed so efficiently by Claire Gillies, with the dedicated support of Kirsty McGill and the Childcare staff, have continued to grow, now serving more than 200 children across our Breakfast, After School and Holiday Clubs. A by-product of this service is the valuable employment training opportunities it provides.

The re-development of the soft play earlier in the summer of 2014 has ensured that future generations of children will continue to benefit from this facility. This project was further boosted by crowd funding, which we used for the first time as an additional mechanism for raising funds.

The Board continues to provide a major contribution to the YMCA movement through engagement with YMCA Scotland and we were delighted to expand our board representation on the National Executive Council with the election of Daniel Baigrie joining Ross Laird. We will continue to expand our engagement with the YMCA at a national and international level in 2015.

The Y has expanded its community and church engagement over the past year. We were delighted to welcome, as our Chaplain, Ruth Halley, who, as Minister of Penicuik North Kirk, strengthens our connections with the local churches, but also brings with her a wide range of social care knowledge and understanding. Through our expansion of the use of social media and holding community events, we have been able to engage with a wider range of people, helping to attract new organisations to use The Y’s facilities. Thanks in particular to Gina, Claire and Morag, we have been able to hold a ceilidh for the first time to help raise funds, as well as our annual open day, which attracted a wide number of people from across the community.

I believe that we can look forward to 2015 with confidence. The Y has successfully created a new youth work post; a new mentoring facility; and new sports facilities for the community. The next year will inevitably be focused on consolidation.

Keith McIntosh, Chairman
CENTRE MANAGER’S REPORT

Communications
This year has been a successful but also a challenging year. We have worked on improving our communications by continuing to update our website and social media. The website received a major overhaul, which has made it much more interesting, community-focused and interactive. We also worked to increase the day time use with a wider range of activities in the Centre.

Events
Our first event of the year was an Open Day in May. We held a Table Sale in our main hall and members of the community took part in taster sessions in Tai-Chi, karate and Breakdance, which all run in our Centre. We networked with the local Police and Fire crew who came along with their vehicles. The day was a massive success and helped to raise awareness and revenue for the Centre.

Penicuik Y’s Spiderman came along with us to the Penicuik Gala Day where we had an information table and gave out some discount vouchers for Parties and hall hire, as well as promoting the Plusone Programme.

To top the year off, we held a ceilidh in Shottstown Miners’ Club to raise funds for the Centre. With the band and Annabel Oates as our caller, and the support of the Miners’ Club, it was a great night enjoyed by all and we raised £300.

Groups
Along with our own acknowledged high-quality services in childcare, youth and mentoring work, we have worked this year to increase the day time use of building. In partnership with Midlothian Council Community Learning and Development, we ran classes for young mums on “Cooking on a budget”, a drama workshop for young people and an art therapy group for disabled adults. In addition to our current classes we also have the following new classes/groups running:

- Baby sensory class Mondays 10am – 12pm
- Table Tennis group Monday 10am-12pm
- Children’s Judo Tuesday 5:30-6:30pm
- Brownies Tuesdays 6pm-8pm
- Children and Families every 2nd Wed 9:30-1:30
- Boogie Bounce fitness class Thursday evenings 7pm-8pm
- Burlesque fitness class
- Shared Lives drop in for adults with learning difficulties/special needs and their carers. Thursday 10am-2pm

Building upgrades
With the increased use of the building, our interior had become a tad dull and worn. The corridor, changing rooms and games hall were all given a new paint job. However, this would not have been
possible without the invaluable voluntary help and support from the Princes Trust, Lloyds Banking Group and the Community Services Team. We can’t thank them enough for the work they have done.

We also received funding from The Big Lottery for an upgrade of our soft play area. We had an official launch day where members of the community came along for the “big reveal” and some refreshments kindly donated by Morrisons Supermarket in Dalkeith.

**Parties and hall hire**

Our children’s birthday parties are still proving very popular and the diary is already filling up for next year. The building is a fantastic place to hold a party with our huge bouncy castle and newly refurbished soft play area.

*“The Y is the best party place, great facility and staff. I will continue to use it until my child is too old”*

Other room hires were:

- Scottish Government public consultation question and answer for the Referendum.
- The Penicuik Hunter and Lass Association held their Annual Ball at the Centre.
- Job Centre Plus held employment training for people who were unemployed.

**Moving forward**

The aims for the coming year are:

- actively promote the refurbished sports courts
- continue to increase the day-time use of the building
- to engage and work in partnership with the local community and to position the YMCA-YWCA at the heart of the provision of innovative services to the people of Penicuik
- to promote what the YMCA-YWCA has to offer to the local community
- to make the YMCA-YWCA the Centre of choice for local events and functions
- to position the YMCA-YWCA as a Centre of Excellence in the management and provision of youth and community services in Midlothian

I would like to personally thank the staff team for the outstanding work they have all done this year and for their continued support and dedication to the Y and its developments. Although we have had many successes, we are not resting on our laurels and will continue to battle through the funding gaps and challenges to provide an excellent facility for the community.

**Claire Gillies - Centre Manager**
YOUTH WORK REPORT

Youth Consultation

A consultation was undertaken in January 2014 with 130 young people from both High Schools in Penicuik to survey young peoples’ views on what activities they wanted to see on offer locally. This helped inform the development of new activities.

Youth groups

A new Boys Club has been set up in response to feedback from local boys that they wanted a boys club as the girls had one! Active participation and consultation with boys attending has been an important principle of the club since the first session with the boys involved in setting ground rules, choosing activities and choice of snack. 19 boys attended over the pilot 8 week term with an average of 12 boys attending each week and a new term is currently underway. Increased confidence, participation in healthy active games, a focus on healthy eating and building trusting relationships where problems and worries can be shared have been some of the positive outcomes from the club.

In response to the youth consultation a new Youth Drama Group has started on Thursday evenings. The group is currently working on a theme of a Zombie invasion of Penicuik with suitable special effects make up!

Attendance at the Tuesday evening Youth Café for S1 – S6 pupils staffed by CLD sessional workers increased from 6 young people to a total of 30 young people attending over the first 6 months of 2014. Young people were supported to write a letter to IKEA requesting items to make the room in which the youth café was held more youth friendly and were successful in obtaining a grant of £100.

A Girls Group for girls in P6-S1 run by CLD is continuing to run and thrive on Wednesday evenings and provides opportunities for older girls to volunteer.

Youth Gardening opportunities

In February 2014 the Youth Development Worker made a successful application to Grow Wild, a Big Lottery strand of funding and secured a grant of just under £5,000 to transform an area of overgrown land adjacent to the YMCA into a wild garden with wild flowers, trees and a living willow dome. Consultation with young people and active participation by young people has been an important part of the process. Nine young people from a second year class in Beeslack High School were involved in designing the garden and in sowing wild flower seeds in planters, whilst 12 children from the afterschool programme at the Y were involved in our community wild flower planting event on 27th June along with local families. One young
person of school age was involved in the planning group and young people from Beeslack High School and Dalkeith Prince’s Trust Team have taken part in gardening activities helping to weed and plant out seedlings in the flower bed to the front of the building.

The wild garden is developing as an outdoor learning site and outdoor play area- through consultation with the local Sure Start project we have put in wooden stepping posts and thanks to the generosity of Penicuik Estate a circular seating area using large logs has been created.

**Youth camping trip**

Eleven pupils from Beeslack High School who had attended groups with the Youth Development Worker last school year took part in a 2 day camping trip in August to Wiston Lodge which was funded by the Pump House Trust. Two youth workers led the trip ably assisted by a young volunteer from the Y. Activities included team building and high wire challenges. The experience was really positive for all the young people who attended and good feedback was received.

“I have learned I have good leadership qualities”

**Youth Band nights**

Three Friday evening youth music nights have been run at the YMCA with an attendance over the 3 nights of over 100 young people. A survey was undertaken to ascertain what Friday evening events were of most interest and to find out how often these events should be run. Based on feedback it is planned to run a Battle of the Bands and an Open Mike Night in 2015. Youth volunteers from the Youth café were involved in planning and running the first band night and in serving in the café on the second band night.

**Youth Volunteering**

Volunteering opportunities have been created for young people assisting in the running of the youth clubs and youth activities. Youth volunteers from the Youth Café were involved in planning and running the first band night and in serving in the café on the second band night. Regular youth volunteers have received formal support and supervision sessions and are encouraged to register for the Saltire Awards to recognise their volunteering.
Youth Work training-
A Basic Introduction to Youth work training course has been delivered to 11 participants in partnership with Emma Laverie of CLD. Run over 8 weekly sessions the course gave those taking part a grounding in youth work principles and practice. Participants included Plus One mentors and childcare workers from the Y. It is hoped to run a course like this annually and we are looking into ways of running an accredited course.

Partnership work
Activities at the Y have been maximised through close partnership working with local agencies.

• Collaborative work has been undertaken with the CLD youth worker, Emma Laverie, on a range of projects from Youth Band nights at the Y, delivery of a Basic Introduction to Youth Work training course, delivery of a Confidence Building course to pupils at Beeslack High School and input into a P7 Transition Project during the summer holidays.
• The Prince’s Trust Dalkeith team spent several days during the summer volunteering at the Y for their community challenge.
• MYPAS helped to staff two of the band nights held at the Y in the Spring.
• Y2K staff member Dheraj Shamoo helped plan and co-deliver a session on Equality and Diversity on the Basic Intro to Youth Work Course
• A valued partnership has been forged with Beeslack High School with the delivery of the following inputs by the Youth Development Worker during her first year in post as detailed below:

Fourteen sessions of youth worker input into a 5th yr ASDAN group including a visit to the YMCA, sessions on volunteering, team building and campcraft, identifying personal strengths and creating a CV. 4 young women from this group took part in a 2 day overnight camping and hillwalking expedition to the Pentland Hills co-led by the Youth Development worker.

Twenty-two 4th yr pupils at Beeslack High School not involved in external SQA exams took part in one of 4 Forest Skills sessions run by the youth development worker in May and aimed at developing teamwork and problem solving skills. The sessions were part of an S4 programme organised by Beeslack to promote employability, health and moving forward. All the 14 pupils who completed evaluation forms said they would recommend the session to friends and learning outcomes mentioned as being achieved by participants in their evaluations were trust and learning to work as a team.

Five sessions of a Confidently You course was delivered to 11 2nd yr pupils at Beeslack High in partnership with the guidance team and CLD. 7 of these pupils were part of a group of 11 young people who attended a camping trip to Wiston Lodge organised by the Youth Development Worker in the last week of the summer holidays with a focus on team building and increasing confidence.
Three sessions of Forest School activities were delivered to 8 2nd yr Beeslack Pupils as part of their weekly Forest Skills group. In addition the Youth Development Worker made a link with the ranger at Glen Lude, a John Muir Trust owned and managed area of woodland and together with the Forest Skills teacher at Beeslack organised for the 8 young people in the Forest Skills group to take part in 2 full day conservation and Forest School days at Glen Lude.

Morag McDonald – Youth Development Worker

PLUSONE MENTORING PROGRAMME

The Programme
The Plusone Mentoring Programme is a national YMCA initiative that was launched by YMCA in Scotland in 2009. Plusone aims to help young people to realise their fullest potential. It is a youth work approach delivered by trained volunteer mentors and overseen by a locally based Programme Manager. Plusone was initially piloted in Bellshill, Perth and Kirkcaldy and a formal evaluation was completed by Dundee University in 2011. £1.2m Realising Ambition funding was awarded to YMCA Scotland from 2012 – 2017 to develop Plusone in other parts of the country. Penicuik YMCA-YWCA is the franchisee for delivery in Midlothian.

The objectives of the Plusone Mentoring programme are to:

- Divert young people away from the children’s hearing system and criminal justice system
- Invest in support for vulnerable young people through building community capacity and volunteerism
- Establish an understanding within the young person of the relationship between choices and consequences
- Re-establish the locus of control for behaviour as being centred in the young person
- Work with partners to prevent young people from requiring statutory intervention
- Support young people to achieve their fullest potential in life
- Improve the young person’s life chances.

Young people are referred to Plusone if they are aged between 8 – 14 years and are on the cusp of or have recently engaged in offending behaviour. Professionals will refer a young person to Plusone if the young person has 2-3 of the following risk factors:

a) Disruption or disengagement at school
b) Offending, aggressive or anti-social behaviour
c) Conflict in the home/family
d) Substance misuse by the young person
e) Lack of positive adult role model
f) Associations with antisocial peers
g) Weak community tie
The Role of Plusone Mentors

Plusone mentors aim to build up a positive relationship with the young person they are matched with, they have a non-judgemental approach and they support and encourage the young person to achieve their potential. Mentors aim to divert the young person into community-based activities to help increase the young person’s confidence and self-esteem and help to widen their social network. As the mentor gets to know the young person they engage them in focussed conversations to allow the young person to rehearse their solutions to problems. The mentor praises and encourages and enables the young person to see that they can not only control their circumstances but can realistically achieve their goals in life.

Progress with Midlothian Plusone

Match funding was provided by Midlothian Council’s Community Safety Partnership and NHS Lothian to appoint a Plusone Programme Manager who is based at Penicuik YMCA-YWCA with the role of recruiting, training and supporting a team of volunteer mentors who will mentor 60 young people from across the Midlothian area over the next 3 years.

Since the programme got off the ground in May 2014 eight volunteers have been recruited, trained and are matched with young people and a total of 150.80 mentoring hours have been completed to date. Five new volunteers were recently recruited and they started mentor training on Monday 27 October and are due to be matched with young people at the beginning of December. By the end of 2014 thirteen mentor-mentee matches should be in place and it is anticipated that January will be a good time for volunteer recruitment as people feel more motivated to start new things at this time of year. The Programme Manager will run mentor training regularly throughout the year and mentor recruitment will be ongoing.

Mentors meet with their young people for 2-3 hours a week and they are committed to their mentoring role for a year to enable them to build a relationship with their young person and work around some goal setting. Mentors are also committed to attending monthly supervision sessions with the Programme Manager and quarterly peer support sessions which enable them to meet up as a team and discuss the successes and challenges they are facing in their mentoring role. Guest speakers are invited to the Peer Support sessions. In addition, mentors can request additional training which they feel will benefit their role. To date five mentors participated in an awareness-raising session about legal highs, two mentors have undergone additional NHS training about encouraging health behaviour change, three mentors are on the waiting list to undertake sexual health and education training and four mentors have undertaken an Introduction to Youth Work course delivered by local CLD colleagues.

Developing Partnerships

The Programme Manager regularly attends the Early Intervention Screening Group chaired by Social Work team leader from West Locality and this has helped with generating appropriate referrals from across Midlothian.

Good links have been established with social work and schools across Midlothian. This has meant that within the first 6 months the programme has almost reached its full capacity for referrals for the year.
Mayfield Leisure centre and Y2K have been extremely supportive of the Plusone programme by allowing Plusone mentors and their young people to use facilities for free when they are not being used by the public or service users and the Penicuik Centre have agreed to Plusone mentees having free swimming sessions when they are accompanied by their mentors.

Midlothian Training Scheme’s Lifeskills flat in Dalkeith is used regularly by mentors to do baking and arts and crafts activities with their mentees.

MYPAS have supported Plusone by offering training to mentors and have offered individual support to mentors and mentees where there are issues around the young person’s risk-taking behaviours.

The Community Learning and Development Teams have supported the programme by freeing up some places for mentors on their Introduction to Youth Work course and they regularly forward on information about other local courses that will help to build up mentors confidence and skills in working with young people.

Links are being made with RUTS, and the Bill Russell bike projects and plans are underway for mentors and their mentees who are keen on cycling to get involved with bike maintenance, bike ability and cycling initiatives across Midlothian.

Natasha Mcinninie - Plusone Manager

CHILD CARE REPORT

The Childcare service is continuing to thrive, delivering both breakfast club and after school care. We had such a significant increase in numbers this year that we increased our Care Inspectorate registered numbers to 75 children per day.

Thanks to the Fairer Scotland Grant through Midlothian Association of Play, we have continued to offer designated spaces for children with additional support needs who require one to one support.

Staff development and training
The staff team has undergone training in Food Hygiene, Paediatric First Aid and Child Protection, Challenging behaviour, Sign-a-Long and Down syndrome training. Three team members also attended active sports training to help promote physical wellbeing in the club.

All staff are now registered with the Scottish Social Service Council, with some of them starting further education to meet the qualification requirements set out by the SSSC.
We have continued to work with Midlothian Volunteer Service and we now have a new volunteer, Lisa, who works in after school care every Monday and is settling in well with the team.

**Funding**
Midlothian Association of Play, through the Fairer Scotland fund, continues to fund our Additional Support Needs Play Practitioner posts. This then enables us to provide an inclusive service for all children to attend, no matter their needs, interests or capabilities. The funded workers support children in accessing all activities, provide a programme to suit their individual needs as well as provide inclusive activities to promote social and emotional development both within and out with the play setting.

Midlothian Association of Play also funded our holiday play scheme which is a drop in service for children of primary school age. Sessions run form 10am-12pm & 2pm-4pm on alternate days and children enjoy a range of activities from arts and crafts, tutor run classes, sports and much more. The play scheme has proved very successful this year and was used by many parents in the summer holidays for those with children expected to start school after the break as it helped with the transition from nursery to socialising with school age children.

**Holiday Care**
Holiday care has been a huge success with an increase in those attending. Children enjoyed a visit from Zoo lab, and visits to parks, beaches, Tubing, Edinburgh Castle, cinema and Pizza Hut amongst various other trips, alongside lots of arts and crafts time and free play activities.

Also in connection with a Child’s Right to Play, we celebrated the annual National Play Day at Vogrie. This year the campaign was “Play is” with the aim of spreading the word about how important play is for children and young people’s health, wellbeing and happiness; and emphasising the physical health benefits of play. Children were able to enjoy the mud kitchen, obstacle course and woodland crafts, also an interactive book bug session. It was a great day out and feedback from children was all very positive.

We recently invited a story-teller “Daru” along to one of our sessions to deliver a story-telling workshop with a small group within our after school club. The aim of the session was to work on feelings associated with loss; and strategies to cope with these feelings. This was delivered in an inter-active way and seemed to go well. We are looking into inviting “Daru” back again in the holidays to deliver another session.
Transport
Transport has proved to be an issue this year, with the departure of our permanent driver at the beginning of the summer. We are currently looking at ways to reduce our transport costs and secure another permanent driver for our minibus for the start of the new term.

Grow wild
A small group of around 12 of our children contributed to the “Grow Wild” project by helping create a space and planting various wild flowers. Children learnt about types of wild flowers, how to plant them and the best times to plant them. Children all enjoyed this learning experience and have also enjoyed watching the flowers blossom.

Our Garden Project
In conjunction with Scotland’s Play Strategy and Children’s Right to Play, and recognizing the importance of having access to fresh air and space to freely explore, we collected together a range of resources to enable us to create a more environmentally safe area using natural resources, tyres, plastic tubing and much more. We aim to secure these items and expand this idea by creating a path, a raised planting area, a mud kitchen and a water play area, as well as providing tools and resources for all children to actively participate in all areas of our outdoor space.

Fundraising
Children and staff arranged a charity “Power walk” in aid of a local charity JLO’S Wheels. The money raised was to contribute to the cost of supplying a wheelchair, to improve the quality of life of a young woman who had recently been struck down with a rare genetic condition. A group of staff and children dressed as their favorite Super Heroes and walked approximately 5 miles. Children were all very tired after this but still had loads of fun participating. Approximately £150 was raised.

Plans are in progress to arrange a fundraising event for ourselves, with all proceeds helping to purchase more games and equipment for all children to benefit from during their session.

Kirsty McGill - Senior Play Leader and Claire Gillies - Manager
OUR TEAM

Board of Directors
Keith McIntosh – Chair
Andy Longmore – Vice-Chair
Ken Brown – Treasurer
Ross Laird – Director
Daniel Baigrie – Director
Gina Clark – Director
Angela Kelly - Director
Mike Morter – Director (resigned Nov 2014)
Rev’d Ruth Halley – Chaplain

Centre Manager
Claire Gillies

Administration Staff
Una Grieve – Administration/Finance Officer
Alison Nevin – Administration Officer
Alasdair McLeod – Evening Receptionist
Darren Butters – Weekend reception/party cover

Building Staff
Elsie Asquith – Centre Cleaner
Ann Wallace – Relief Worker

Volunteers
Louise Harkness – Administrator
George Hutchison – Driver
Lisa ... - Volunteer childcare worker

Plusone
Natasha Mclninnie – Plusone Manager
Romana Gorjanc - Volunteer Mentor
Ryan Sturrock - Volunteer Mentor
Mike Morter - Volunteer Mentor
Darren Butters - Volunteer Mentor
Gary Neil - Volunteer Mentor
Toni Brown - Volunteer Mentor
Craig Scott - Volunteer Mentor
Nicola Rintoul - Volunteer Mentor

Midlothian Council CLD
Catherine Duns
Emma Laverie

Out of School Care Staff
Kirsty McGill – Senior Play Leader
Rachel White – Senior Play Worker
Lyn White – Play Worker
April McMillan – ASN Play Worker
Michelle Gillies – Play Worker/ASN Worker
Laura Wallace – ASN Worker (left June 2014)
Emma Smiles – Play Assistant
Daniel Rumble – Play Assistant
David White - Play Assistant
Amy Sturrock – Relief worker
Darren Butters - Relief worker
Mellissa Stalker – Relief Worker
George Wallace – Driver
Jan Milller - Driver

Youth Work Staff
Morag McDonald – Youth Development Worker
Darren Butters – Sessional Youth Worker
Emma Smiles – Sessional Youth Worker
Amy Sturrock – Sessional Youth Worker
Daniel Rumble – Sessional Youth Worker
Toni Brown – Sessional Youth Worker
Ryan Sturrock – Drama Tutor
Jan Miller - Art Tutor

Midlothian Council CLD
Catherine Duns
Emma Laverie
Our grateful thanks for their generosity go to the following funders for their financial support for our work. Without this commitment we would be unable to carry on delivering the vital, high quality and professional services described in this Report.

Midlothian Council
The Big Lottery
SportScotland
MOD Community Covenant
Councillor Adam Montgomery’s Environmental Fund
NHS Lothian
The Robertson Trust
The Hugh Fraser Foundation
Lloyds TSB Foundation Scotland: Henry Duncan Awards
Tennis Scotland
Melville Housing
The Ponton House Trust
Fairer Scotland Fund
Midlothian Association of Play
Grow Wild
THE PENICUIK & DISTRICT YOUNG MEN’S CHRISTIAN ASSOCIATION
AND YOUNG WOMEN’S CHRISTIAN ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 MARCH 2014

<table>
<thead>
<tr>
<th>Notes</th>
<th>Unrestricted funds</th>
<th>Restricted funds</th>
<th>Total 2014</th>
<th>Total 2013</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>£</td>
<td>£</td>
<td>£</td>
<td>£</td>
</tr>
<tr>
<td><strong>Incoming resources</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Income from generated funds</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Donations and legacies</td>
<td>2</td>
<td>1,608</td>
<td>85,369</td>
<td>86,977</td>
</tr>
<tr>
<td>Activities for generating funds</td>
<td></td>
<td>120</td>
<td>-</td>
<td>120</td>
</tr>
<tr>
<td>Investment income</td>
<td>3</td>
<td>2,536</td>
<td>-</td>
<td>2,536</td>
</tr>
<tr>
<td><strong>Total incoming resources</strong></td>
<td></td>
<td>4,266</td>
<td>85,369</td>
<td>89,634</td>
</tr>
<tr>
<td>Income from charitable activities</td>
<td></td>
<td>166,018</td>
<td>-</td>
<td>166,018</td>
</tr>
<tr>
<td><strong>Total incoming resources</strong></td>
<td></td>
<td>172,283</td>
<td>85,369</td>
<td>257,652</td>
</tr>
<tr>
<td><strong>Resources expended</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Costs of generating funds</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Costs of generating donations and legacies</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Net incoming resources available</strong></td>
<td></td>
<td>172,283</td>
<td>85,369</td>
<td>257,652</td>
</tr>
</tbody>
</table>

Charitable activities
- After School Club: 100,153, 52,701, 152,854, 167,026
- Youth Work: 132, 6,172, 6,304, -
- Queensway: - 21,623, 21,623, -
- General: 72,649, - 72,649, 71,727

Total charitable expenditure: 172,834, 80,496, 253,330, 260,376

Governance costs: 2,609, - 2,609, 2,849

Total resources expended: 175,443, 80,496, 256,939, 263,225

Net (expenditure)/Income for the year:
- Net movement in funds: -3,160, 4,873, 1,713, (56,970)

Fund balances at 1 April 2013: 54,591, 556,384, 720,975, 776,945

Fund balances at 31 March 2014: 51,431, 671,257, 722,688, 720,975

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2008.
## THE PENICUIK & DISTRICT YOUNG MEN'S CHRISTIAN ASSOCIATION
AND YOUNG WOMEN'S CHRISTIAN ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

### BALANCE SHEET
AS AT 31 MARCH 2014

<table>
<thead>
<tr>
<th></th>
<th>2014</th>
<th>2013</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fixed assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tangible assets</td>
<td>£10</td>
<td>684,014</td>
</tr>
<tr>
<td><strong>Current assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Debtors</td>
<td>£11</td>
<td>4,011</td>
</tr>
<tr>
<td>Cash at bank and in hand</td>
<td>£54,153</td>
<td>20,457</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Creditor: amounts falling due within one year</td>
<td>(9,140)</td>
<td>(9,688)</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Net current assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>49,924</td>
<td>12,780</td>
</tr>
<tr>
<td><strong>Total assets less current liabilities</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>733,938</td>
<td>720,975</td>
</tr>
<tr>
<td><strong>Deferred income</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>(11,250)</td>
<td></td>
</tr>
<tr>
<td><strong>Net assets</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>722,688</td>
<td>720,975</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Funds</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Restricted funds</td>
<td>£14</td>
<td>671,257</td>
</tr>
<tr>
<td>Unrestricted funds</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>£51,431</td>
<td>54,591</td>
</tr>
<tr>
<td></td>
<td>722,688</td>
<td>720,975</td>
</tr>
</tbody>
</table>
THE PENICUIK & DISTRICT YOUNG MEN'S CHRISTIAN ASSOCIATION AND YOUNG WOMEN'S CHRISTIAN ASSOCIATION
(A COMPANY LIMITED BY GUARANTEE)

INDEPENDENT EXAMINER'S REPORT

TO THE DIRECTORS OF THE PENICUIK & DISTRICT YOUNG MEN'S CHRISTIAN ASSOCIATION AND YOUNG WOMEN'S CHRISTIAN ASSOCIATION

I report on the accounts of the charity for the year ended 31 March 2014, which are set out on pages 6 to 19.

This report is made to the company's board of directors, as a body, in accordance with the terms of engagement. My work has been undertaken to enable me to undertake an independent examination of the company's accounts on behalf of the company's board of directors and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the company and the company's board of directors as a body, for my work or for this report.

Respective responsibilities of directors and examiner

The charity's directors are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's directors consider that the audit requirement of Regulation 10(1) (a) to (c) of the Accounts Regulations (as amended) does not apply. It is my responsibility to examine the accounts as required under section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended). An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(a) which gives me reasonable cause to believe that in any material respect the requirements:
   (i) to keep accounting records in accordance with section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations (as amended);
   (ii) to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations (as amended)
   have not been materially
(b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Steven Menzies CA
On behalf of
Johnston Carmichael LLP
00 Tay Street
Perth
PH2 8BA
7 November 2014